

Pan Ohio Hope Ride

2015 Pan Ohio Hope Ride Volunteer Opportunities CLEVELAND – WOOSTER – COLUMBUS – MIAMI VALLEY – CINCINNATI July 22– July 26, 2015 Sign up at <u>www.panohiohoperide.org</u>

Cleveland Wed. July 22, 2015

BIKE UNLOADING

4:30 p.m. -6 p.m. 9 p.m. – 10 p.m. Plain Dealer Plaza 1901 St. Clair Ave. Cleveland, OH 44113 *Assist in unloading bikes from trucks and lining up in storage tents

REGISTRATION – ACS Office

7:30 a.m. – 9:30 p.m. (Multiple Shifts) American Cancer Society 10501 Euclid Ave. Cleveland, OH 44106 *Handing out rider packets, jerseys, giving directions, etc.

REGISTRATION – Case Western

4-9 PM (Multiple Shifts)
Case Western Reserve Univ.
1697 E. 116th St. Cleveland, OH 44106
*Checking Riders in to dorms, assisting with parking, and general greeting/information

KICK-OFF PARTY

4 p.m. - 9:30 p.m. Cleveland Hope Lodge 11432 Mayfield Rd. Cleveland, OH 44106 *Assist in registration, passing out food/beverage, clean-up, selling merchandise

Cleveland Thurs. July 23, 2015

LUGGAGE LOADING 6:30 a.m. – 8:30 a.m. Case Western Reserve University 1697 E. 116th St. Cleveland, OH 44106 *Assist in loading rider luggage on to Penske Trucks

Cleveland Thurs. July 23, 2015 Cntd. START LINE

6 a.m. to 9 a.m. **Plain Dealer Building** 1801 Superior Ave. Cleveland, OH 44114 *Assist with rider registration, bike storage, parking, greeting, water filling stations, and clean-up

WATER STOP

7:30 a.m. – 10:30 a.m. Bradley Reservation – CLE Metroparks Westlake, OH *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

WATER STOP

8:00 a.m. – 11 a.m. Train Depot 6615 Center Rd. Valley City, OH *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

LUNCH STOP

9:30 a.m. – 2:30 p.m. Medina Town Square 99 Public Square Medina, OH *Assist with clean up, bike storage, and distribution of lunch

WATER STOP

10:30 am. – 3:30 p.m. Leohr Park 94 High Street, Seville, Ohio 44273 *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

Wooster Thursday, July 23, 2015

WATER STOP

11:00 a.m. – 4:00 p.m.
Wayne County Career Services Center
518 W. Prospect St., Smithville, Ohio 44677
*Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

LUGGAGE HELPERS/DIRECTORS

Wooster College Lowry Hall – 1189 Beall Avenue, Wooster, Ohio 44691

Assist in taking luggage off of Penske trucks and organizing it by rider dormitories Get your work-out in for the day!! Must be able to pick up 20-50 pounds.*

Wooster Friday, July 24, 2015

WATER STOP

6:30 a.m. – 11:00 a.m. Millersburg Depot (Hill Station) 1 Trail Drive or 320 W. Clinton Street, Millersburg, Ohio 44654 *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

WATER STOP

8:30 a.m. – 1:00 p.m.
Clarence Sour's Home
12788 County Highway 6, Killbuck, Ohio 44637
*Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

Columbus Friday, July 24, 2015

LUGGAGE HELPER

10 a.m. – 12 noon
Otterbein University Student Center
100 W. Home Street, Westerville, Ohio 43081
Assist in taking luggage off of Penske trucks and organizing it by rider dormitories Get your work-out in for the day!! Must be able to pick up 20-50 pounds.*

CHEER GROUP/ DIRECTOR

12 noon – 5 p.m.
Otterbein University Student Center
100 W. Home Street, Westerville, Ohio 43081
Cheer in bikers and help direct them to registration, luggage pick up, bike storage areas.

LUNCH STOP

10 a.m. – 2:30 p.m. Danville Town Square/Memorial Park 912 Route 62, Danville, Ohio 43014 *Assist in providing water/Gatorade/helping with lunch area & clean-up*

WATER STOP

10 a.m. – 4 p.m. Mt. Vernon Train Station 507 West High Street, Mount Vernon, Ohio 43050 *Assist in providing water/Gatorade/snacks/cheering/clean up*

WATER STOP

10 a.m. – 5 p.m. Hartford Township Building 2 N. Main Street, Croton, Ohio 43013 *Assist in providing water/Gatorade/snacks/cheering/clean-up*

WATER STOP

12 noon – 5 p.m. Sunbury 45 S. Columbus Street (Pavilion), Sunbury, Ohio *Assist in providing water/Gatorade/snacks/cheering/clean-up*

Columbus Saturday, July 25, 2015

LUGGAGE HELPER

8 a.m. – 12 noon Otterbein University Student Center 100 W. Home Street, Westerville, Ohio 43081 *Assist in loading rider luggage into Penske trucks and organizing it by rider dormitories* Get your work-out in for the day!! Must be able to pick up 20-50 pounds.*

WATER STOP

7 a.m. – 10:00 a.m. OSU Campus TBD Columbus, Ohio

Water STOP

9:00 a.m. – 2:30 p.m. Prairie Oaks Metro Park Darby Bends Lake – Back Pavilion Area 2668 Amity Road, Hilliard, Ohio 43026 *Assist in providing water/Gatorade/snacks/cheering/clean-up*

WATER STOP

9:30 a.m. – 2:30 p.m. Choctaw Lake – Marathon Gas Station 3180 Old Columbus Road, London, Ohio 43140 *Assist in providing water/Gatorade/lunch/cleaning up area and taking trash to nearby dumpster*

Columbus Sunday, July 26, 2015

BIKE and LUGGAGE ASSISTANCE

5 p.m. – 7 p.m. Otterbein University Student Center 100 W. Home Street, Westerville, Ohio 43081 *Assist tired riders in taking off luggage and loading bikes- must be able to lift 20-50 pounds*

Springfield Saturday, July 25, 2015

LUGGAGE HELPER

8 a.m. – 12 noon Wittenberg University HPERC Center 200 Bill Edwards Drive, Springfield, Ohio 45501 *Assist in loading rider luggage into Penske trucks and organizing it by rider dormitories* Get your work-out in for the day!! Must be able to pick up 20-50 pounds.*

WATER STOP

10 a.m. – 3:30 p.m. Buck Creek State Park 1856 Buck Creek Lane, Springfield, Ohio 45503 *Assist in providing water/Gatorade/lunch/cleaning up area and taking trash to nearby dumpster*

WITTENBERG VOLUNTEERS

11 a.m. - 5 p.m. WITTENBERG University HPERC Center 200 Bill Edwards Drive, Springfield, Ohio 45501

RECOGNITION DINNER SETUP & TEAR-DOWN

5 p.m. - 9 p.m. WITTENBERG University HPERC Center 200 Bill Edwards Drive, Springfield, Ohio 45501

Miami Valley/Cincinnati Sunday, July 26, 2015

LUGGAGE HELPER

6:45 a.m. – 8:30 a.m. Wittenberg University HPERC Center 200 Bill Edwards Drive, Springfield, Ohio 45501 *Assist in loading rider luggage into Penske trucks and organizing it by rider dormitories* Get your work-out in for the day!! Must be able to pick up 20-50 pounds.*

WATER STOP

6:15 a.m. – 10 a.m. Xenia Station on the Bike Trail 404 South Detroit Street, Xenia, Ohio 45385 *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

WATER STOP

7 a.m. – 12:30 p.m. Corwin Peddler 69 Maple Street, Waynesville, Ohio 45068 *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

LUNCH STOP

8:30 a.m. – 1:30 p.m. Morrow Train Station & Parking Lot 205 W. Pike Street (Behind Morrow Lumber), Morrow, Ohio 45152

WATER STOP

10 a.m. – 3 p.m. Foster Park 7837 Old 3c Highway, Maineville, Ohio 45039 *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

WATER STOP

10:30 a.m. – 4 p.m. Dogwood Park 6651 Wooster Pike, Cincinnati, Ohio *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

WATER STOP

10:45 a.m. – 4 p.m. LeBlond Recreation Center 2335 Riverside Rd., Cincinnati, Ohio *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

FINISH LINE

10:30 a.m. – 5:30 p.m. Yeatman's Cove 703 E. Pete Rose Way, Cincinnati, Ohio 45202 *Assist in providing water/Gatorade/snacks/cleaning up area/cheering *

<u>FOUR-DAY Volunteers –</u> If you would like to volunteer for all for 4 days of the ride, sign up on the website in the 4-day option and POHR staff will be in touch with more details. Please note: Volunteers traveling with the event must be at least 18 years of age.

What to Expect:

Water Stop:

Cheer riders as they arrive/depart. Volunteers need to understand the overall purpose of the event and wear an event tee-shirt. Volunteers must man water stops until the very LAST riders and the SWEEP VEHICLE come through the stop. Help pick up signs and pack up supplies for sweep vehicles to move them to the next stop where those supplies are needed.

Volunteers at water stops should have vehicles that can help carry bikes - either a van, SUV or bike rack in case of emergency: i.e. thunderstorms, etc.

PLEASE bring a cooler with ice – we can never have too much ice! Also be prepared to make emergency runs to obtain more supplies. (Your expense will be reimbursed for the supplies.)

SAG (Support and Gear) Drivers

Each car must have: Capability to have bike rack mounted *(really important!)* Room to transport rider(s) Extra Water and snacks *along with comfort items (per list from Paul Purdy, Event Manager- or whatever title vou are using?*)

Navigator - Second person riding to read directions; take phone calls; direct other SAG cars to assist riders that may need ride to next water station; water; misc. supply

Guidelines for Volunteers:

Each water stop should have a captain or co-captains who are responsible for manning the stop and managing the volunteers and supplies. Phone communications with ride staff and SAG vehicles will be facilitated if the captains share their cell phone numbers ahead of time.

Water stop time frames can be set up in shifts if necessary but ALL stops should be prepared to operate for 5-6 hours.

Each water stop should try to create a fun experience and do whatever it takes to make it SAFE, FUN and MEANINGFUL for both volunteers and riders. Having a party atmosphere makes a long, hot, (or wet) day feel shorter! Many of our water stops create themes such as: Pirate, Cowboy/Wild West, Circus, Olympics. Hawaiian luau, etc. Riders will vote on their top 3 favorite stops and they hugely appreciate a fun, creative atmosphere.

Water stops can be manned in shifts but they MUST have at least 4 people to cheer on riders and greet them as they arrive – right down to the very LAST rider.

The first riders through the water stop are usually the strong riders who ride so fast that they can get by without stopping but the slower riders truly need the water stop, the food and the moral support. Very often those last few riders are cancer survivors who are fighting to get through each mile and they need you to be there cheering them on.

Please do not bring children that are young enough to need guidance – there will be large numbers of riders arriving who will need your attention and there will be long stretches where there are riders trickling in. Please bring family if they are low maintenance and you can make it a fun and meaningful experience for them to meet and greet the riders. Also advise family members that the food and supplies are for the participants — it is helpful to bring additional food and snacks for family so as to not deplete the vitally needed supplies for our riders.

The weather may be quite sunny and hot - or quite wet — please bring beach or golf umbrellas, sunscreen, your own water, extra ice, and folding chairs as not all rest areas will have enough seating.

Above all have FUN and know that you are an integral part of the success of the Pan Ohio Hope Ride and with your help we can keep it at a top level of quality and a ride that will be Safe, Fun and Meaningful for all!

**If you have a bike rack at home – throw it on your car in case of a weather emergency that happens on course.

For more information or to sign up as a volunteer,

please visit the website, panohiohoperide.org.