

Walk & Roll Chicago 2018 Day of Event Program

8:30 AM Event Site & Registration Tent open

- Registration and Donation drop off open
- Bike & Skate Valet open to check-in bikes & skates
- Bike & Skate Rentals open to rent or pick-up
- Survivor Tent providing activities and complimentary breakfast for Survivors & Caregivers
- Garden of Hope open to honor a loved one who has been touched by cancer
- Interactive Colon Cancer Exhibit open, sponsored by *Cancer Treatment Centers of America*
- Food & Beverage Tent opens for participants to pick up water, KIND Bars and fruit
- Coffee Tent *Sponsored by Combined Insurance* is open.
- Children's Activity Tent opens: Face Painting and Card Making for Hope Lodge patients
- T-shirt Tent open to pick up participant fundraising incentives (for those that qualify)
- Musical Entertainment by *4Sure Entertainment* begins

9:00 AM Walk & Roll Kids Olympics and Kids Dash

Kids are encouraged to get active and join us for a short 200-meter run and 400-meter skate (non-competitive races) on Waldron Drive before the Opening Ceremonies. Kids must bring their own helmets and gear. All youth participants will receive a medal and take a group photo with Special Guest, elite Paralympian, *Tucker Dupree!* After the Kids Dash, kids can enjoy fitness games and activities hosted by *TRUE Fit*.

9:00 AM: Kids meet on Waldron Drive to ensure they join the Dash of their choice

9:05 AM: Kids Warm-Up hosted by *TRUE Fit*

9:15 AM: 8-12 year old 200m Dash (run)

9:16 AM: 8-12 year old 400m Skate

9:18 AM: 3-7 year old 200m Dash (run)

9:19 AM: 3-7 year old 40m Skate

9:20 AM: Medal and Photo Ceremony

9:25 AM: Kids Fitness games and activities hosted by *TRUE Fit*

9:25 AM MaZi Dance Fitness – Cardio Warm Up

9:35 AM Opening Ceremony, and presentation of *The Heidi Wolfe Service Recognition Award*

Program hosted by CBS2's *Brad Edwards* and Special Guest *Tucker Dupree*, Swimming Champion Paralympian

10:00 AM Run/Walk Start

10:10 AM Bike Start

10:15 AM Skate Start

11:00 AM - 11:30 AM Stroller Strides Workout Class (family-friendly) led by *Fit4MOM* on the Main Stage

11:00 AM - 12:00 AM Kid's Games led by *TRUE Fit* next to the Children's Activities Tent

12:00 PM All routes close

12:00 PM *Survivor Speaker Story, by Vicky Perlman and Closing Remarks* on the center stage

12:20 PM Musical Entertainment by *4Sure Entertainment*

1:30 PM Event Site closed

***Food options available: Fruit and KIND Bars beginning at 8:30AM. Connie's Pizza available for purchase (lunch sales open at 10:30 AM). Dessert available for purchase from Nothing Bundt Cakes. Other snacks and beverages provided by GoGo Squeeze, Lifeway, and Body Armor. *All program activities and times are subject to change**